

MOVICOL WASHOUT – age 12-18

Buy MOVICOL sachets

Day 1	Two sachets in 240ml water, twice a day
Day 2	Two sachets in 240ml water, twice a day
Day 3	3 sachets in 360ml water, twice a day
Day 4	3 sachets in 360ml water, twice a day
Day 5	4 sachets in 480ml water, twice a day
Day 6	4 sachets in 480ml water, twice a day
Day 7	4 sachets in 480ml water, twice a day

Stop when 5-10 good, loose bowel motions per day

THEN

MOVICOL sachets

One to three sachets daily as required to keep stools soft