

## **MOVICOL WASHOUT – age 6-11**

### **Buy MOVICOL sachets**

Day 1	One sachet in 120ml water, twice a day
Day 2	1.5 sachets in 180 ml water, twice a day
Day 3	2 sachets in 240ml water, twice a day
Day 4	2.5 sachets in 300ml water, twice a day
Day 5	3 sachets in 360ml water, twice a day
Day 6	3 sachets in 360ml water, twice a day
Day 7	3 sachets in 360ml water, twice a day

***Stop when 5-10 good, loose bowel motions per day***

### **THEN**

#### **MOVICOL sachets**

One to two sachets daily as required to keep stools soft