

### **NEWBORN HIP SCREENING - MEDICAL PROCESS**

All neonates must have a Newborn Examination prior to discharge.

Assessment must include both a thorough clinical hip examination and detailed history to identify any risk factors for Developmental Dysplasia of the Hip (DDH)

#### **ABNORMAL NEWBORN HIP EXAM?**

- CLICKY, LAX, SUBLUXABLE HIP
- DISLOCATABLE or DISLOCATED HIP
- RESTRICTED OR ASYMMETRIC HIP ABDUCTION



#### **ANY RISK FACTORS for DDH?**

- FAMILY HISTORY -first degree relative with DDH
- BREECH
- PACKAGING ISSUES:
- INTRAUTERINE RESTRICTION oligohydramnios / multiple birth
- FOOT ABNORMALITY
- POSTURING including TORTICOLLIS/PLAGIOCEPHALY

UNSTABLE HIP?
HABITUALLY DISLOCATED HIP
(hip wants to be OUT)

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HABITUALLY ENLOCATED HIP (hip wants to be IN)
but SUBLUXABLE or DISLOCATABLE?

INPATIENT PAEDS REFERRAL MR/315.0
IS HIP REDUCIBLE?

ENLOCATED HIP
but LAXITY,
CLICKY or
RESTRICTED HIP
ABDUCTION
(≤60°)

INPATIENT E-REFERRAL to
PHYSIOTHERAPY & ORTHOTICS
Bracing as indicated

# NO FOLLOW-UP REQUIRED

ROUTINE HIP MONITORING GP/MCHN

### **BHS Orthopaedic DDH CLINIC REFERRAL**

- Advise parents of referral to DDH Clinic
- COMPLETE REFERRAL FORM MR/005.97
- COMPLETE, SIGN & ATTACH RADIOLOGY REQUEST FORM for HIP ULTRASOUND
- If baby requires Outpatient PAEDIATRIC Review for MEDICAL reasons also complete MR/005.99
- Ward Clerk delivers referrals to 4 West Intake

BHS DDH CLINIC booking enquiries: 93885
BHS DDH CLINIC PHYSIO Teresa Williams: P 5723

# REFER BARWON HEALTH DDH CLINIC

- COMPLETE REFERRAL FORM MR/005.97
- FAX REFERRAL to Barwon Paediatric Orthopaedic Co-Ord, Sam Watts
   Fax:(03) 4215 2224

**Copy to BHS DDH CLINIC**